

Journal: *Annals of Translational Medicine*

Manuscript ID: ATM-16-684

doi: 10.21037/atm.2016.10.32

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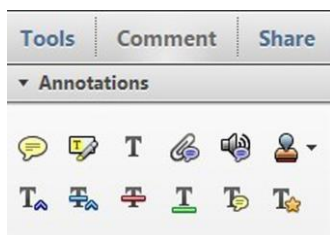


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A new technique to repair huge tracheo-gastric fistula following esophagectomy

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Abstract: We reported the management of a life-threatening condition as a large tracheo-gastric fistula involved the carina, the left and the right bronchus that complicated Ivor Lewis esophagogastrectomy for esophageal cancer. An urgent right thoracotomy was performed and the tracheal defect was covered with a reversed pedicled pericardial patch reinforced with an intercostal muscle flap. Cervical esophagostomy and a feeding jejunostomy completed the operation. Five months later, the continuity of gastrointestinal tract was restored using a transverse colon.

Keywords: Tracheo-gastric fistula; esophagectomy; esophageal cancer

Submitted Sept 05, 2016. Accepted for publication Sept 13, 2016.

doi: 10.21037/atm.2016.10.32

View this article at: <http://dx.doi.org/10.21037/atm.2016.10.32>

1 Introduction

2 Tracheo-gastric fistula after esophagectomy for cancer
3 is a rare and life-threatening clinical condition (1,2).
4 Surgery, when feasible, is the treatment of choice despite
5 the large size of the fistula makes it challenging. Herein,
6 we described a new technique as the use of pericardial and
7 intercostal flaps for closing a huge tracheo-gastric fistula
8 after esophagectomy for cancer.
9

11 Case presentation

12 A 55-year-old male was referred to our institution for
13 management of squamous cell carcinoma of the middle-third
14 of the esophagus. No induction therapy was performed and
15 all diagnostic exams excluded lymph node involvement and
16 distant metastases.
17

18 The patient underwent a subtotal esophagectomy and the
19 gastric conduit was anastomosed to the cervical esophagus
20 through a mediastinal route using a circular stapler. The
21 patient was extubated in post-operative day-1 (POD-1) and
22 discharged from the intensive care unit (ICU) on POD-
23 3. A cervical emphysema occurred on POD-7. Esophago-
24 gastroscopy and flexible bronchoscopy showed the necrosis

of gastric tubule, distally to the cervical anastomosis, and a
huge fistula that involved the carina, the main right and left
bronchus (Figure 1). Following, the patient had an acute severe
respiratory failure due to right hypertensive pneumothorax
with left mediastinal shift and extensive subcutaneous
emphysema. He was immediately intubated with an 8-mm
side cuffed oral tube that was selectively placed under
endoscopic view within left main bronchus to overcome the
carinal defect and assure the ventilation. A right thoracotomy
was immediately performed. The excision of gastric tubule
and all necrotic tissues showed a carinal defect of 4 cm in size
(Figure 2A,B). Pericardium was pediculated (Figure 2C,D)
and used to reconstruct the pars membranacea of the trachea
(Figure 2E,F). Then, endotracheal tube was proximally
retired into the trachea to allow the ventilation of both lungs.
Despite the lack of air leaks after instillation of saline solution,
we noticed a paradoxical movement of the pericardial flaps
during the positive air-way pressure of mechanical ventilation.
Thus, an intercostal muscle flap was used to reinforce
the reconstruction of the posterior wall of the trachea
(Figure 2G,H). An end-cervical esophagostomy, an esophageal
diversion and a feeding jejunostomy completed the operation.
Four drains were left in site, one within neck, two within the



Figure 1 Flexible bronchoscopy showed the tracheo-esophageal fistula. Available online: <http://www.asvide.com/articles/XXX>

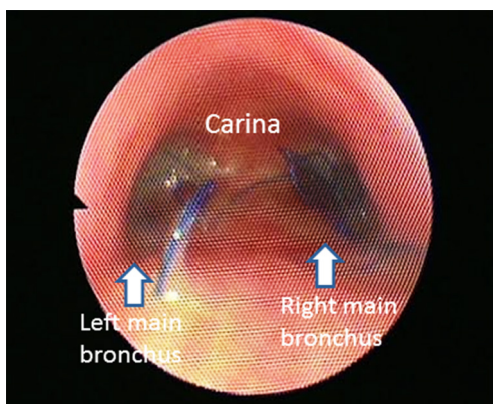


Figure 3 Complete closure of the fistula with stitches still inside the right and left bronchus.

48 mediastinum and one in abdomen. The patient was ventilated
 49 with low-tidal volumes and airway pressures to preserve
 50 tracheal closure. Repeated bronchoscopies were performed to
 51 exclude any defect of fistula closure and to clean air way from
 52 secretions. Antibiotics were given based on airway and blood
 53 cultures. Enteral feeding was administered since the 5th post-
 54 operative day and all drains were removed on 15 days after.
 55 Bronchoscopy performed on 27th POD showed the healing
 56 of tracheal defect and normal air-way patency. Patient was
 57 extubated on 28th POD and discharged 5 days later.

58 Three months' follow-up bronchoscopy showed a
 59 normal air-way patency in absence of fistula and/or
 60 stenosis. The stitches were well evident (Figure 3) but they
 61 were expectorated few weeks later. Five months later, a
 62 successfully esophageal replacement with a colon conduit
 63 was performed. Patient died 9 months later for abdominal
 64 recurrence.

Discussion

65 A fistula between the trachea and the gastric tube related
 66 to esophagectomy is a rare and life-threatening clinical
 67 condition (1,2). Despite conservative and endoscopic
 68 treatments have been proposed (4-7), surgery remains the
 69 treatment of choice when feasible (7-11). However, it could
 70 be particularly challenging, as in the present case, due to the
 71 large dimension of the fistula (about 4 cm) and its extension
 72 (involving carina, main left and right bronchus).
 73

74 Impaired blood supply to the gastric tube was the most
 75 likely explanation for development of fistula, in the present
 76 case. The necrotic gastric tubule invaded the carina and
 77 the main left and right bronchus. The critical respiratory
 78 condition of the patient required an emergency surgery.
 79 Over the years, several strategies have been proposed to
 80 repair tracheo-bronchial fistula using alloplastic, prosthetic
 81 materials, and intra or extra-thoracic muscle flaps (7-15).
 82 However, all these procedures resulted to be unfeasible
 83 for closure our defect. The direct closure of the fistula or
 84 performing an end-to-end tracheo-bronchial anastomosis
 85 was at high risk of failure due to the extension of local
 86 infection. Autologous or bovine pericardium, pleural flap or
 87 extra-thoracic muscle flaps had a too thin depth for closing
 88 a large defect as the present, with high risk of rupture
 89 due to positive airway pressure of mechanical ventilation.
 90 Song *et al.* (16) reported a successful gastrotracheal fistula
 91 closure with a twisted pericardial flap after Ivor Lewis
 92 esophagogastrrectomy for esophageal cancer. Gorenstein
 93 *et al.* (17) and Foroulis *et al.* (18) reported the use of a
 94 free pericardial patch for closing a tracheal laceration
 95 during a transhiatal esophagectomy. In this case, we also
 96 used a pericardial patch to repair the carinal defect but
 97 conversely to previous experiences (17,18), the pericardium
 98 flap was not twisted neither used as free to preserve its
 99 vascularization. Philippi *et al.* (19) described the use of
 100 intercostal muscle flaps for reconstruction of posterior wall
 101 of trachea in dogs. Its flap consisted of three intercostal
 102 muscles with their pedicle applied to the posterior wall of
 103 trachea with the pleural aspect facing the tracheal lumen.
 104 We fashioned only a single intercostal muscle flap that was
 105 fixed over the pericardial patch in order to reinforce the
 106 tracheal reconstruction and prevented any damage due
 107 to positive airway pressure during mechanical ventilation.
 108 In addition, the intercostal muscle flap assisted the neo-
 109 vascularization of the pericardial flap and thus facilitated
 110 the physiological healing of the lesion (20). Despite the
 111 prolonged mechanical ventilation (28 days), no failure of
 112

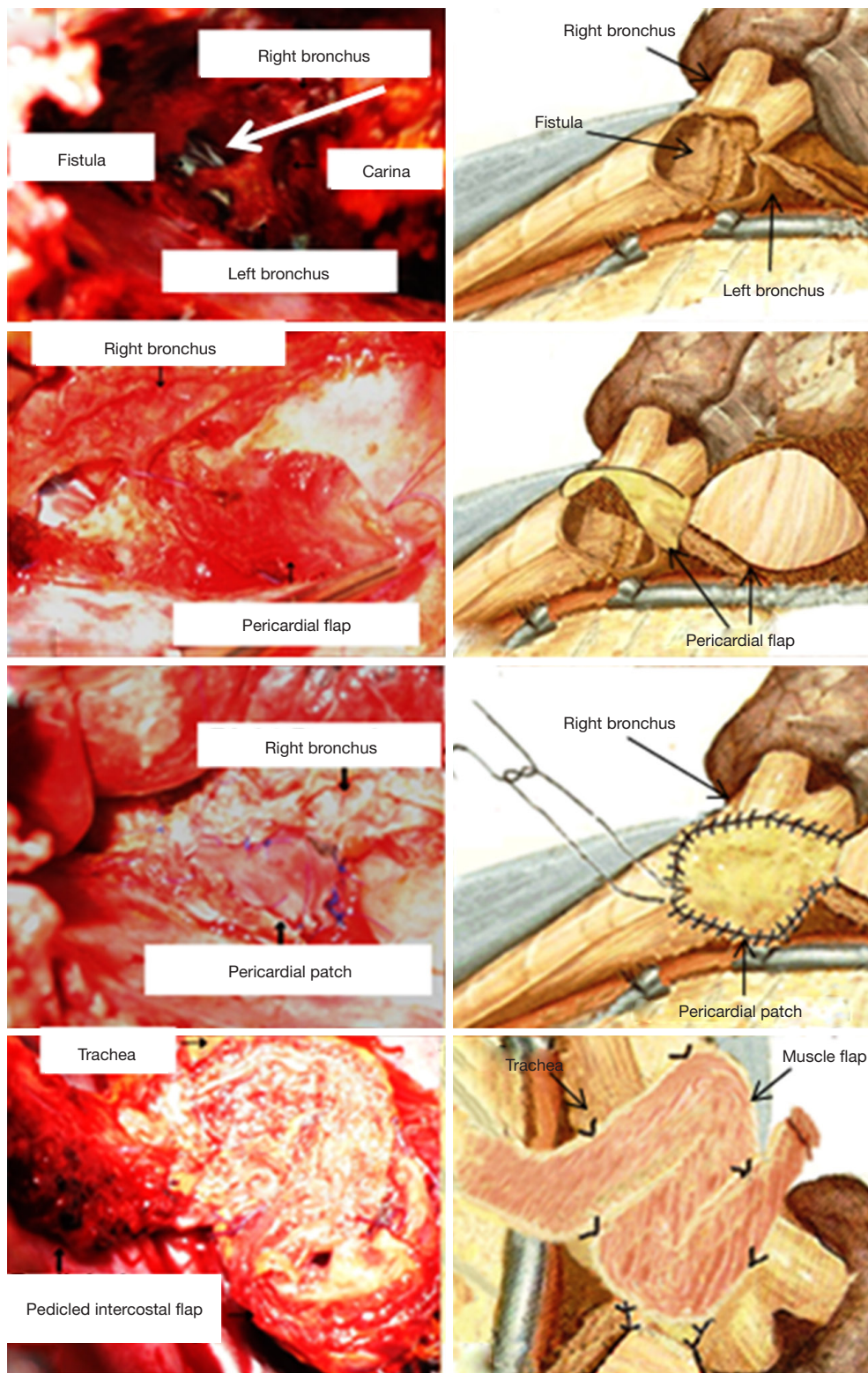


Figure 2 Tracheal defect with tracheal tube (white arrow) within the left main bronchus (A-B); mobilization of pericardial flap without torsion (C-D); fistula closure with pericardial flap (E-F); reinforcement of closure with intercostal muscle flap (G-H).

113 closure occurred.

114 In conclusion, our new technique as the use of pericardial
115 patch reinforced with intercostal flap could be useful for
116 surgeons in the management of a rare and challenging situation
117 as tracheo-gastric fistula after esophagectomy for cancer.

118

119 Acknowledgements

120 None.
121

122

123 Footnote

124 *Conflicts of Interest:* The authors have no conflicts of interest
125 to declare.
126

127

128 *Informed Consent:* Written informed consent was obtained
129 from the patient for publication of this manuscript and any
130 accompanying images.

131

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Cite this article as: Caronia FP, Fiorelli A, Santini M, Alfano R, Castorina S. A new technique to repair huge tracheo-gastric fistula following esophagectomy. *Ann Transl Med* 2016. doi: 10.21037/atm.2016.10.32